

January / February 2022

The Tattler

The bimonthly newsletter of Beauvaraba Living ~ for residents, members and wider community



Donation to Beauvaraba Living from BOOMAROO Nurseries.

It was nice that we could donate some of our plants to the residents and staff of Beauvaraba Living.

Boomaroo pride ourselves in supporting our local community.

The plants which were donated came from a recent exhibition in Brisbane we attended showing the plants on a variety of presentations. They look great and so easy to put together for a greener environment when needed.

We hope the residents and staff enjoy the plants.



January / February 2022 in this issue

Executive Team Report, Board News,
Lifestyle Report, Word Search,
Residents' Charter of Aged Care Rights'
Plus all your regular features.



Pittsworth Platinum Medical Centre

10 Weale Street, Pittsworth

Telephone: 07 4599 9200

Monday to Friday 8.00am to 5.00pm



Facsimile: 07 4599 9299

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Pittsworth Platinum Medical Centre 4599 9200
 Pittsworth Medical Centre 4693 1900
 Women's Health Clinic 4619 8422
 Child Health Nurse (Mary) 4695 3123
 Hearing iHear 4638 1277

Active Residents Groups:

Beauaraba Living Auxiliary
 Community Carers Group
 BLA—Care Pittsworth
 Residents Forum

meet 1st Monday monthly 1.30 pm
 meet 2nd Wednesday monthly 9.30am
 meet 2nd Wednesday monthly 2.00pm
 meet 2nd Thursday monthly 3.30pm

Pittsworth Bowls Club
 Afternoon & Coffee Spoons
 Afternoon & Coffee Spoons
 Yarranlea

Events:

Monday Happy Wanderers
 Wednesday Caring and Sharing
 Thursday Older Men's Network
 Friday Mothers' Union
 Senior Citizens
 Saturday RSL

Weekly
 3rd Wednesday
 Monthly – Last Thursday of Month
 Monthly
 Weekly
 Weekly

**Due to Covid
 on Hold**

Keep in touch — Follow Beauaraba Living on



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Prescriptions · Home Medication Reviews · Vitamins

Thankful for a PHN Grant received in 2021



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It is time-efficient, can be used across the entire course of the disease - from the point of diagnosis right through to end-of-life care - and is particularly useful in creating highly individualised care-plans.

Quality Coordinator Dementia Specialist – Kim



Resident Betty completing assessment



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Health Care Professionals,
and family members



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Welcome to the first edition of the Tattler for 2022. I trust all our readers had an enjoyable Christmas and New Year. While celebrations here at Beauaraba Living were very low key, there was still plenty of activity and entertainment.

We would like to thank our readers for their patience over the last 12 to 18 months as we have grappled with the significant additional workload our team have faced during this pandemic, which led to the suspension of the Tattler production for a time. We know how much the Tattler means to our residents and family and can assure you that you will be receiving regular editions once again.

During this hiatus we have continued to provide regular information to you through text messages, the Coronanews updates and social media.

I think many of us were keen to see the back of 2021 and the impact of the ongoing pandemic which has had on all our lives. Our thoughts go out to those who have been directly impacted by the virus and those who may have lost someone close to them.

We would like to thank you all for your patience and understanding for the constantly changing visitor restrictions that we have had in place in 2021 and even more limiting restrictions in 2022. Please continue to look on our facebook page for updates.

In other news, our AGM was held in November last year. Those who attended were given an update our performance over the previous 12 months and a glimpse into future operations and the huge demand placed on our organization with ever increasing regulatory demands.



Election of Office bearers in the Board meeting in December saw a change of guard with Wayne Saal stepping into the role of Chairman and Graham Clapham stepping back to vice chair. Welcome Wayne and thank you Graham for your leadership during your time as chair.



Finally, I would like to acknowledge our team of carers, hotel and catering services, maintenance, and administrators for their continued efforts in ensuring the care and safety of our residents.

Until next time*Alex, Janet, Kate, Kim Sarah*

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**Tell us what we do well
how we can improve!**

If you have any suggestions or comments, please contact:

**General Manager
Beauaraba Living**

10 Weale Street

Pittsworth Qld 4356

Ph: 4619 8422

Fax: 4619 8400

Email: care@beauarabaliving.org.au or

Board Chair

Mr Wayne Saal 0429 955 892

Follow Beauaraba Living on Facebook



Suggestion Box: Please also remember you can fill out a feedback form found with the Suggestion Boxes which are situated in all the foyers. Staff on duty can assist you if required. These forms can then be placed inside the box for daily collection. **or** **External Avenues that you may use if the issue is not resolved:**

Qld Aged & Disability Advocacy

- Freecall 1800 818 338

Aged Care Quality and Safety Commission

- Freecall 1800 951 822
- agedcarequality.gov.au

Beauaraba Living Auxiliary



Shop Opening Hours

Monday	9 am to 4 pm
Tuesday	9 am to 4 pm
Wednesday	9 am to 4 pm
Thursday	9 am to 4 pm
Friday	9 am to 4 pm
Saturday	9 am to 11.30 am

New Volunteers are Welcome

Drop in & see us at the Opportunity Shop
Donations gratefully accepted,

Note—Furniture by prior arrangements only.

Shop Phone—4693 2530



**Meals on Wheels
Queensland**

Meals on wheels is a community Service to people who are frail aged, younger Disabled, their carers and community members. This service enables people to continue living comfortably in their own homes.

Volunteers deliver meals directly to your homes.

Contact

0427 586 684

Inquires for Meals on Wheels

Remember this service is available to everyone to use.

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PHARMACY**

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Sat - Sun: 8.30am to 12.30pm**

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Lindenberg and co have been operating in the local area since 1898. Now in it's 5th generation. We have recently paired up with Suncorp and have the opportunity to be able to donate \$25 from every CTP insurance policy we set up where this client selects Suncorp.

We were able to select 3 charities to choose from and we have chosen **Beauaraba Living, Pittsworth meals on wheels** and The Cancer Council. We have selected these charities as we see them to be vital identities in our community helping those in need. We are very happy that we are able to have this agreement with Suncorp and that we are able to use this alliance with Suncorp to give something back to the community that is so loyal to our business. If it wasn't for our great local community our business would not have been able to survive over the last 122 odd years.



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Saturday: 8:30am - 12noon

cains pharmacy

phone: 4693 1028

fax: 4693 1689

email: pittsworthpharm4356@gmail.com

Communicating with COVID around.

Tell us how we are going:

We always welcome your feedback, this is what guides us as to what is being done well and what can improve.

Providing feedback is very easy just Scan this QR Code with your mobile device then follow the prompts.



#####



Mayors over 80s Christmas 2021



Independent Living Units

For more information
or to view the units
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4693 1718

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operated village offers:

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- ♦ Help on hand for maintenance
- ♦ Personal service you can't find in larger villages

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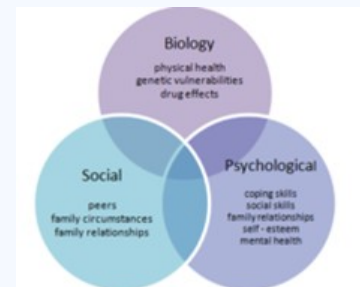
Pastoral Carer—Charlie out and about

Greetings readers, how time flies, here we are into 2022 already.
Good to have some restrictions eased and the churches coming back
in doing the services again in late 2021 on Fridays.
I would like to share with you this Acrostic on Pastoral Care.



Pastoral Care – Author unknown

Perceptiveness of people and the issues that they bear
Attention to the trappings and the wrappings present there,
Sincerity in listening and reflecting what we hear
Tenderness of presence to those hurting and in fear.
Openness in hearing what is different from our view
Reverence for the treasure of a life which seems askew,
Affection for the beauty beneath the surface of the skin
Love to dare and time to share for the soul alive within.



Compassion in the presence of a badly mangled life
Acceptance of the anger, the depression born of strife,
Respect for all humanity and the baggage it must bear
Enable us to share the journey as we offer **Pastoral Care**.

Thank you for reading, if you want me to show you how to say ‘Peace with you’ in Auslan please feel free to ask me.

Thanks for reading, God bless you. *Charlie*



**Resident activities -
‘Greek Theme Day’.**



Pittsworth Chiropractic Centre

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B.Sc. Canada

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Pb: 07 4693 2111

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Sat 8am-finish

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Residents Bits and Pieces.....



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**Beauaraba Living Auxiliary.
Beauaraba Living Auxiliary—Care Pittsworth , Carers Group
Beauaraba Living Auxiliary—Op Shop**



**Beauaraba Living
Auxiliary— Notes
Committee for 2022**

Chairperson: Anita Ruhle
Vice Chair: Ann Stallman
Secretary: Veronica Henricks
Treasurer: Barbara Piper
Roster Clerk: Valerie Dorge

Furniture Coordinators: shared position
Marcia Hanlon, Judy Krieg, Rhonda Harris

Welcome to 2022, I trust you all enjoyed Christmas and New Year with family and friends.

The Beauaraba Living Op Shop Christmas Afternoon Tea was held at the Pittsworth Hotel Motel, Monday December 13. We had approx. 35 volunteers attend who enjoyed the quizzes and the catchup.

The Afternoon Tea was delicious too, our way of saying thank you for volunteering at the Op Shop. The Christmas Raffle was drawn with 1st prize 'money tree' to Len Kahler and 2nd prize 'embroidered towel set' to Annette Kummerow. Congratulations.

The Op Shop is open again after being closed for 2 weeks over the Christmas holidays.

We had a working bee on Wednesday 5 January to tidy up and rearrange, thank you to the ladies who gave of their time to help with this. Had a few comments about how clean the shop looks, that makes it worth the effort.



If you need anything, the Op Shop may have it.

Everyone, STAY SAFE.... Anita

Beauaraba Living Op Shop

Phone Number 4693 2530

Care Pittsworth—

Check out our facebook page.

Care Pittsworth Lending Service

For loan equipment.

Rhonda Harris	0437 503 947
Judy Krieg	0407 628 218
Neil & Lorraine West	0434 198 394

Loan equipment include—

- ♦ Beds
- ♦ Toilet Chairs
- ♦ Wheelie Walkers
- ♦ Crutches
- ♦ Shower Chairs
- ♦ Walking sticks



If there is something not listed, please phone you just never know!

We encourage feedback regarding any other information, equipment or services which we may be able to assist with.

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Board— A Word from the Board,

On behalf of the Board of Beauaraba Living we must give thanks to the management team and all staff members for their work ethic and care they have provided to the residents at Beauaraba Living.

This past year has thrown unforeseen challenges, with constantly changing government rulings and health directives which has seen strict management protocols being implemented. As a board we support the measures that have had to be implemented to provide for the well-being of the residents and still have a workforce that can provide a high standard of care.

We thank the volunteers that have been able to provide support in any way, in particular the Beauaraba OP Shop volunteers, the time and financial support is most appreciated. Funding for aged care is seen as the boards greatest challenge, this has to be constantly addressed to be able to provide a standard of care that meets community and resident's expectations.

As I have had a little over 12 months on the board there is still a lot to learn about the aged care system, even with Beauaraba Living being a Not for Profit community based facility, the government has the ultimate control on how we run the facility. We have to manage money, staff, clinical care and safety of the residents and staff under their rules.

We hope to have a new board member shortly, after the retirement of board member Rob Scott which has left a position vacant. We thank Rob for his years of service and in particular his efforts during the building extension and renovations. Also, thanks to Graham Clapham for the leadership he has shown during his time as chair having now stepped down to vice chair.

Wayne Saal, Board Chair.



BEAUARABA LIVING FOUNDATION

Tree of Reflection

Have you thought of purchasing a leaf?
For **\$150 per leaf** you can honor your loved ones memory. For an application and details, call to the admin office or email care@beauarabaliving.org.au
OR call in or drop by to see the Tree of Reflection for some inspiration.

Thank you for your support !

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Kept entertained



New activity of a theatre experience in *Yarranlea*. Residents were watching Doctor Doolittle and treated to chips and cordial during the movie.



Congratulations to Detty Denning OAM 🙌🙌🙌🙌



- 💧 Tap & Toilet Repairs, Burst Pipes
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- 💧 Roofing & Guttering
- 💧 Blocked Drains



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Pittsworth and Surrounding Areas

Hubinger Electrical Pty Ltd

Gavin Hubinger

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Mobile: 0429 890 570
Contractor No: 52 436



Beauaraba Living is at **Red Level Restrictions**

We have introduced 3 levels of restrictions to assist all persons with knowing what actions can or cannot be taken depended on risk. This is similar to traffic lights by using **Green**, **Orange** and **Red**.

Green - No area of concern has been declared by a State, Territory or Australian Government Department of Health, there may however be some level of COVID in the community

Orange - Increased level of awareness and restrictions due to the state, Territory, or Australian Government having declared the aged care facility is in/or visitor is from a geographic area of concern.

Red - A COVID-19 positive resident was onsite during their infectious period, or Two or more staff or visitors were COVID-19 positive at the same time, where at least one may have exposed the home during their infectious period. The infectious period is 48hours prior to symptom onset or test date if asymptomatic, or While an outbreak is in the process of being confirmed, following any one confirmed case.

As of Monday the 17th of January 2022, Beauaraba Living will be at the **Red Level Restrictions** which is reviewed daily.

- ⇒ Time limited - 'Essential Visitors' allowed
- ⇒ Partners in Care accepted
- ⇒ Restrictions to total number of people onsite
- ⇒ End of Life Visits with approval
- ⇒ PPE must be worn as per Public Health Direction
- ⇒ In Room visits only
- ⇒ One visitor per room
- ⇒ Staff monitor screening process
- ⇒ Technology Visits encouraged (e.g., Zoom, video call)
- ⇒ COVID-19 Testing if directed – Negative result of RAT on visit or PCR Test within 72 hrs.
- ⇒ No resident social leave - medical appointments only (in line with Public Health Advice)

If further information if required. Please email — janet.newlands@beauarabaliving.org.au.



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Pittsworth**



*Pictured here are the 2021 Anzac Day gifts which were placed in resident activity areas around Beauaraba *****



Staff continue to entertain the residents on Theme Days with dress ups



Meals on Wheels had another successful 2021.



Resident Lester & Janet DOCs Australia Day



Gym workout -
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- ◇ Fresh Flowers Daily
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- ◇ Quality Giftware
- ◇ Gourmet Food Hampers

Yandilla Rose



















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E: yandillarose@bigpond.com



Australian animals



Look at the pictures and match with descriptions below.

 koala	 kangaroo	 dingo	 emu	 kiwi	 wallaby
 bilby	 wombat	 cockatoo	 blue-tongued skink	 tasmanian tiger	 sugar glider
 tasmanian devil	 kookaburra	 frilled lizard	 quoll	 platypus	 echidna

1. When it's threatened, it rolls into a spine ball. A kind of a hedgehog. _____
2. The large Australian bird that cannot fly. A smaller version of an ostrich. _____
3. The Australian wild dog, which came from Asia 5000 years ago. _____
4. The feathery bird with a hooked bill. A relative of a parrot. _____
5. The bird with a same name as a fruit. It cannot fly. _____
6. All people think wrong that it's a bear. It is a marsupial! It mostly sleeps. _____
7. The babies are called joeys. It's the symbol of Australia too. _____
8. It glides from tree to tree on the islands. The smallest marsupial. _____
9. There are different types: Siberian, Bengal, Malayan, Sumatran... _____
10. It digs tunnels with its short legs. It's also called *Buldozer of the Bush*. _____
11. It is smaller and closely related to kangaroos. _____
12. The small, rabbit-ears marsupial. _____
13. The duck-billed animal which lays eggs. It lives in rivers and lakes. _____
14. The night animal; it likes dead animals' meat; not related to satan. _____
15. When it sings it sounds like a human laughter. _____
16. The lizard which gets a huge neck frill when wants to show of. _____
17. The Australian native cat and it rhymes with troll. _____
18. Its tongue is not red and it's a lizard. _____

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Australia Day Word Search

S	F	I	R	S	T	F	L	E	E	T	S
O	C	A	W	G	R	E	E	N	M	R	U
U	I	F	L	A	G	W	R	N	A	U	M
T	T	N	A	G	O	L	D	U	T	E	M
H	I	B	A	R	B	E	Q	U	E	B	E
E	Z	N	M	Y	L	K	J	N	C	L	R
R	E	Z	E	P	A	R	A	D	E	U	A
N	N	L	A	M	B	C	H	O	P	E	H
C	R	O	C	E	A	N	A	S	M	V	C
R	T	S	R	U	O	N	O	H	J	H	A
O	A	U	S	T	R	A	L	I	A	G	E
S	Q	S	T	A	H	M	B	P	V	F	B
S	C	A	P	T	A	I	N	C	O	O	K

AUSTRALIA
FLAG
SOUTHERN CROSS
PARADE
BARBEQUE
FIRST FLEET
OCEAN
SHIP
CAPTAIN COOK
CITIZEN
MATE
TRUE BLUE
GREEN
GOLD
BREAKY
LAMB CHOP
HONOURS
SUMMER
HATS
BEACH



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Direct email: dpower@bernays.com.au

email: bernayslegal@bernays.com.au

Visiting office:

132 Yandilla Street, Pittsworth

Ph: (07) 4693 1023



It all begins with opportunity...

Welcome to 2022 as we continue to grow not only in size but with residents and staff numbers, the Pittsworth Community is so blessed.

Dream to reality



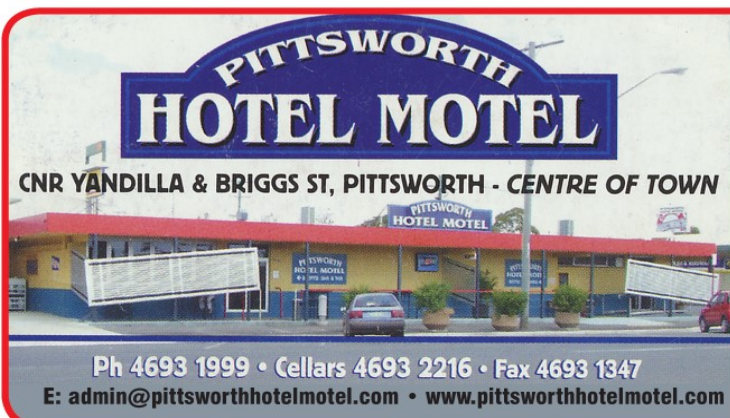
CORONANEWS

Your update to the happenings at Beuaraba Living during the restrictions

2022 has commenced with changes yet again to visiting. With COVID-19 taking a grip on the community, we are trying very hard to ensure all our risk mitigation balances safety with enabling the Residents of Beuaraba Living to live as normal a life as possible. Programs such as Partners in Care and Essential Visitors have been implemented to enable all residents to have one nominated representative to visit them for a short period to check on their welfare. In order to perform this role, the nominated person has completed simple training and competencies around COVID-19 and Infection Control. This program will be able to be extended into other outbreak situations moving into the future if the need arises.

The staff of Beuaraba Living have been working wonderfully as a team, to ensure the residents remain in good spirits, despite the added burden they have of wearing masks and other PPE all day whilst at work, the staff have also adapted well to utilizing multiple communication methods with the visitors. If you see a staff member of Beuaraba Living, please join us in acknowledging the wonderful job they are doing.

Quality Coordinator—Kim Solomon



Licensee A. J. Carpenter

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- DRIVE THROUGH



Along with the new Aged Care Quality Standards that came into effect from 1st July 2019 (seen on next page) a new **Charter of Aged Care Rights** has been released for all aged care services. Both of these new legislative documents form part of an exciting shift towards greater consumer involvement and choice within the aged care industry.

Beauaraba Living, along with all other aged care providers, must give consumers (residents) a copy of the new Charter signed by the provider, and ensure that the consumer (resident) or their authorised person has been given a reasonable opportunity to sign a copy of the Charter.

The purpose of requesting the consumer's signature is to allow them to acknowledge they have received the Charter, had assistance to understand it and understand their rights. Consumers (Residents) are not required to sign the Charter and can commence, and/or continue to receive care and services, even if they choose not to sign the Charter. All residents and/or their representatives will be contacted by Beauaraba Living over the coming months to ensure this legislative requirement is met. If you have any questions, please do not hesitate to contact us via the Administration Office.

Charter of Aged Care Rights

I have the right to:

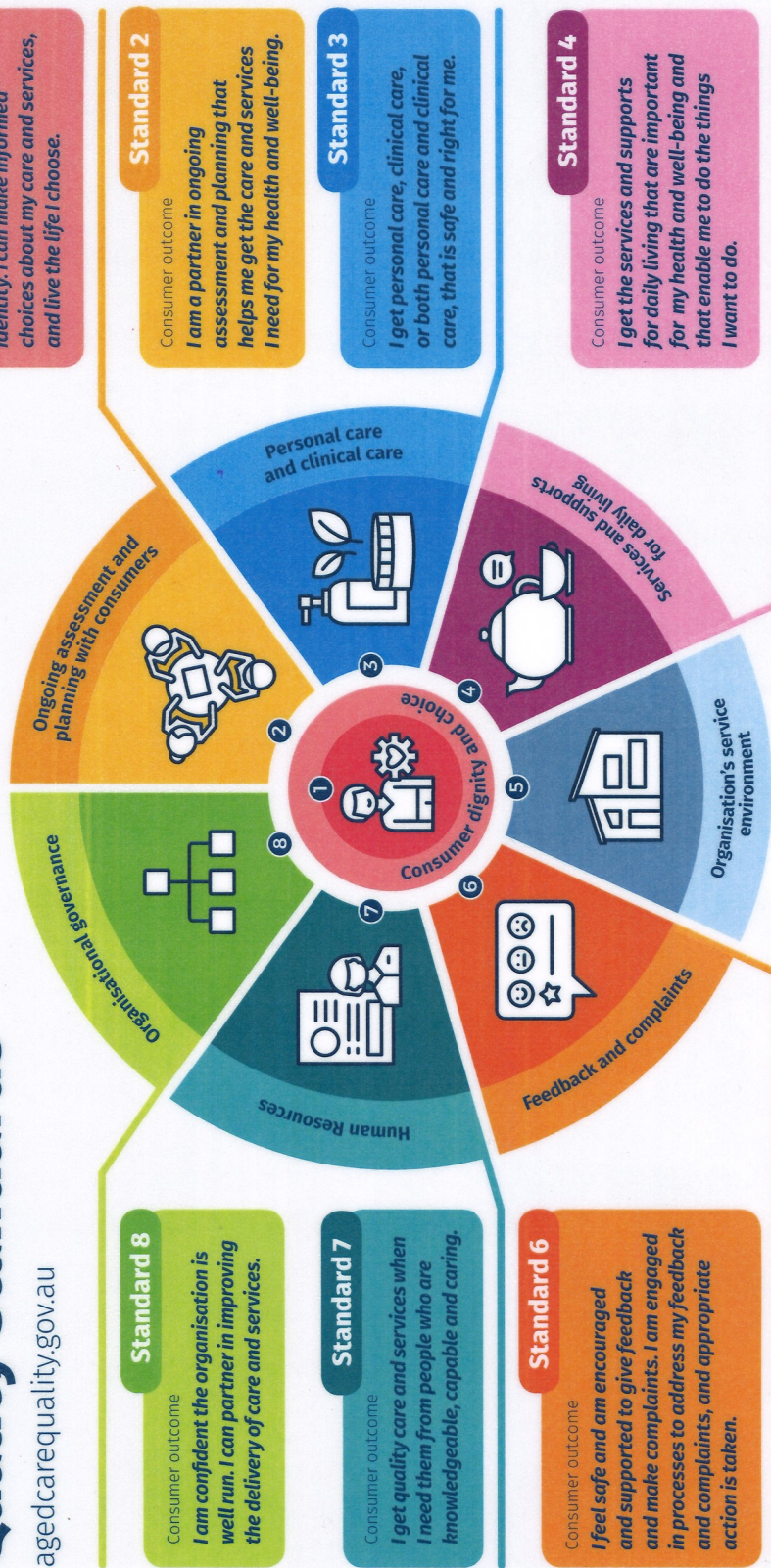
1. safe and high quality care and services
2. be treated with dignity and respect
3. have my identity, culture and diversity valued and supported
4. live without abuse and neglect
5. be informed about my care and services in a way I understand
6. access all information about myself, including information about my rights, care and services
7. have control over, and make choices about, my care, personal and social life, including where choices involve personal risk
8. have control over, and to make decisions about, the personal aspects of my daily life, financial affairs and possessions
9. my independence
10. be listened to and understood
11. have a person of my choice, including an aged care advocate, support me or speak on my behalf
12. complain free from reprisal, and to have my complaints dealt with fairly and promptly
13. personal privacy and to have my personal information protected



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---	--

Aged Care Quality Standards

agedcarequality.gov.au



Australian Government
Aged Care Quality and Safety Commission

Engage
Empower
Safeguard

SUPPORTERS OF BEAUARABA LIVING

2022 Season

Thu, 17 Feb 11:00 am **Murphy's Pigs**
 Thu, 21 April 11:00 am **Mambo Italiano**
 Thu, 01 Sep 11:00 am **Good Morning Vietnam**
 Thu, 01 Dec 11:00am **The Buddy Holly Christmas Concert**



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Queensland

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