

January / February 2020

The Tattler

The bimonthly newsletter of Beauaraba Living ~ for residents, members and wider community



Latest news on Stage 3 building project, showing inside work of the Brookstead and Pampas homes, completed - roofing, brickwork, sheeting and painting. Site Forman Greg hosting a BBQ for the workers & team prior to Christmas closure.

January / February 2020 *in this issue*

Executive Team Report, Board News,
Lifestyle , Report, Word Search, Adult colour page,
Residents over 80's Mayors morning tea, Residents' Charter of Aged Care Rights'
Plus all your regular features.



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Pittsworth Platinum Medical Centre	4619 8412	Physiotherapist (Jacqueline Scott)	0418 747 283
Pittsworth Medical Centre	4693 1900	Pittsworth Office	4693 2255
Women's Health Clinic	4619 8422	Child Health Nurse (Mary)	4695 3123
Podiatrist—Private Visits	4632 1100	Visiting Tuesday weekly 10.00am to 4.00pm	
Hearing iHear	4638 1277		

Active Residents Groups:

Beauaraba Living Auxiliary	meet 1st Monday monthly 1.30 pm	Education Living Life Centre
Community Carers Group	meet 2nd Wednesday monthly 9.30am	Community Kitchen
BLA—Care Pittsworth	meet 2nd Wednesday monthly 2.00pm	Community Kitchen
Residents Forum	meet 2nd Thursday monthly 3.30pm	Norwin

Events:

Monday	Happy Wanderers	Weekly
Wednesday	Caring and Sharing	3 rd Wednesday
Thursday	Older Men's Network	Monthly – Last Thursday of Month
Friday	Mothers' Union	Monthly
	Senior Citizens	Weekly
Saturday	RSL	Weekly

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Pittsworth Garden Club continue to donate to Beauaraba Living



The fun loving and dedicated group of gardeners who make up the Pittsworth Garden Club at their 2019 breakup donated a substantial sum of money to assist with the landscaping of the new buildings at Beauaraba Living, Brookstead and Pampas.

The donation, which follows on from other generous donations from the group to Beauaraba Living over the years, will be used to purchase a water feature leading into the Brookstead and Pampas buildings which are nearing completion.

Above is Kate Hanley accepting the donation from the Garden Club, “This donation is accepted with great appreciation as it is wonderful to see like minded community groups working together to make Beauaraba Living a special place for the aged in our community.”

Community groups working together..... Thank you.

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Happy New Year and welcome to the first edition of the Tattler for the 2020 year! There has been lots of activity over the festive season. See inside this edition for the many memorable photos.

At our Society's Annual General Meeting in November we paid tribute to Ken Stallman who has served on the Board since 2009, much of that time as Chairman. Ken has retired as a Director, looking in his words to make way for younger participation in such a worthwhile cause. Thanks, Ken for your input and sharing your wisdom throughout your time of service. (refer separate article this issue)

During the first week of December we celebrated Christmas with our choir spreading the Christmas spirit. This was followed by the ceremonial switching on of the Christmas lights. This season we kept it a low key, decorating the internal courtyards and creating a greater opportunity for the residents' enjoyment.

Also, in the first week of December we held our bi-annual staff meeting. During this time we were able to honour members of our team who have reached milestones in their periods of service. Two of our longer serving team, Raylee and Kathy, were awarded for serving 30 years. What a tremendous milestone! They were followed by a 10 year and six five year service awards. Thank you to those who were awarded their service pins for their dedication over the years.

Our new building and refurbishments continue to move ahead rapidly. It is anticipated that the houses will be ready to hand over in the first quarter of the year. We will be looking forward to providing some inspections in the near future. The total project should be completed around August.

The year is already shaping up to be full of activity. We look forward to keeping you up to date as the year progresses.



Until next issue
Alex, Janet, Kate, Kim.



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Ph: 4619 8422

Fax: 4619 8400

Email: care@beuarabaliving.org.au or

Board Chair

Mr Graham Clapham 0429 700 496

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Suggestion Box: Please also remember you can fill out a feedback form found with the Suggestion Boxes which are situated in all the foyers. Staff on duty can assist you if required. These forms can then be placed inside the box for daily collection. **or** **External Avenues that you may use if the issue is not resolved:**

Qld Aged & Disability Advocacy

- Freecall 1800 818 338

Aged Care Quality and Safety Commission

- Freecall 1800 951 822

- agedcarequality.gov.au

Beuaraba Living Auxiliary



Shop Opening Hours

Monday	9am to 4.30pm
Tuesday	9am to 4.30pm
Wednesday	9am to 4.30pm
Thursday	9am to 4.30pm
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New Volunteers are Welcome

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LIFESTYLE REPORT

Happy New Year and welcome to 2020!!

Let's hope this is the year that breaks the drought!!



December was a busy month for all. I would like to take this opportunity to thank all our hard working Volunteers. These selfless people give freely of themselves, and their time, to enhance the quality of life for Residents. To all our wonderful Volunteers, please know how much Residents appreciate your dedication, and seeing your friendly smiling faces each week. Most Volunteers have been off for a well earned rest over the Christmas and New Year periods and we look forward to welcoming them all back this year.



Once again Residents enjoyed the Mayor's Over 80's Christmas party. Toowoomba Regional Council put on a wonderful morning of entertainment and an incredible array of goodies for morning tea. I can say, that there was not much lunch consumed on their return.



The Resident and Family Carolling night went off well. Congratulations to the Choir on their wonderful performance. And what about that light display!! Absolutely incredible as you can see by the photo's.



We all had a wonderful time at our recent 'Christmas Ice Cream Parlour', where we enjoyed some special goodies leading up to Christmas day.

 **australia day** falls on a Sunday, so we will be having a few Australia Day activities incorporated with Happy Hour on the 24th. Please come along and join in the fun.



Stay well and stay engaged,

Lifestyle Team



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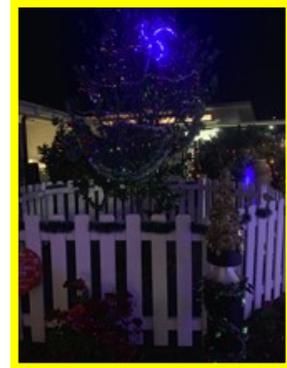
More over 80's Mayors Christmas



Residents "Bits and Pieces"

Was on holidays and will resume March / April.

5th December turn the lights on!



THE DAYTIME SERIES

Beuaraba Living presents The Daytime Series!

Returning in 2020 with performances *Murphy's Pigs*, *Bloom Sings*, *Back to the Tivoli* and *Craig Martin*.

Performances include complimentary morning tea (served from 10am by the friends of the Theatre), lucky door prizes.

News News News News News News News News



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**Come and see us at
The Grange!**

Beautiful flower donations from the graduation committee of PSHS 2019

Resident 'Elaine' accepts the beautiful stunning flowers which were distributed through the whole complex. Many residents admired and commented on the lovely smells in common areas. Thank you from the residents to PSHS graduation committee for thinking of us!



Carolling in Kincora wing



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Resident Wrap Up! End 2019.....

Food

- ◆ Chef Brett introduced Bob C, Cater Care’s new Operations Manager
- ◆ Rotational service to commenced in the Lodge dining room
- ◆ Brett has encouraged all residents to always speak up at times when concerns are raised so he can action on the spot
- ◆ High Care Residents main meals are served directly from Kincora kitchenette.
- ◆ Bob has offered a Chef’s Tour in small groups. Residents will see first hand how the kitchen staff prepare your food.

Lifestyle

- ◆ Melbourne cup celebration were great
- ◆ Carolling evening went well
- ◆ Christmas lights in the courtyards was excellent plus a bonus Channel 7 came & filmed Penny McKinlay's Gardens

Residents

- ◆ Fashion parade by staff showing the new styles in uniforms, every one present clapped the staff models
- ◆ Building updates in Felton foyer
- ◆ Mayors over 80’s morning tea was enjoyed by those who took the bus

Claim the Date—Australia Day

Come along to meetings held 2nd Thursday Monthly



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Beuaraba Living Auxiliary—Care Pittsworth
Beuaraba Living Auxiliary—Op Shop**

Beuaraba Living Auxiliary—

Committee for 2020 are—

- Chairperson:** Jeanette Krinke
- Vice Chair:** Anita Ruhle
- Secretary:** Veronica Henricks
- Treasurer:** Barbara Piper



Furniture Coordinators: shared position

Marcia Hanlon, Judy Krieg, Rhonda Harris

Roster Clerk: Valerie Dorge



December 9th saw the BLA wind up for 2019 with an afternoon tea held at the Pittsworth Hotel Motel.

The afternoon tea was a way of thanking all the volunteers for their hard work over the past year.

At the conclusion of the afternoon tea A presentation was made to retiring volunteer Rosina H flanked by Betty D and Audrey F who were founding members of the op shop when it started where the Blood Collection rooms are today.



Care Pittsworth—

Offer assistance in maintaining the palliative care room at Beauaraba Living, **Check out our facebook page.**

Care Pittsworth Lending Service

For loan equipment.

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- Rhonda Harris 0429 939 157
- Judy Krieg 0407 628 218



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Board— A Word from the Board,

While the ongoing drought conditions are certainly trying for everyone, the last three months has been excellent for erecting new buildings. Unfortunately there has not been one day lost on the building site due to wet weather, therefore the construction is going to schedule, as well as to budget. Hopefully we will have residents taking up new rooms late in the first quarter 2020.

At the November AGM, after more than a decade of service, Ken Stallman stepped down from his position as a board director. At that meeting, Ken spoke of the satisfaction he has obtained by having a part in guiding Beauaraba to the renowned care facility it has become. The current board thanks Ken for his service, and can attest to the satisfaction that comes with being part of this great facility in Pittsworth. (story on following page)

At the Board’s November meeting it was unanimously voted to accept the application of Mr Tony Osborne to become a director. We welcome Tony to the BL board and community.

Finally, as Board Chair I have valued the conservative working relationship which has existed both within the Board, and with senior management during the past year. While the residential aged care sector in Australia faces many challenges, and is the subject of many unsavourily allegations in the current Royal Commission, we look to the future with confidence and hope that Beauaraba Living can continue to provide the quality care our residents expect.

Graham Clapham Board Chair.



BEAUARABA LIVING FOUNDATION

Tree of Reflection

Have you thought of purchasing a leaf? For **\$150 per leaf** you can honor your loved ones memory. For an application and details, call to the admin office or email care@beuarabaliving.org.au Or call in or drop by to see the Tree of Reflection for some inspiration.

Thank you for your support the tree has quite a few leaves !

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Ken Stallman Long serving Director of the Beuaraba Living Board Ken Stallman has retired from the position he has held since July 2007.

During his time as a Director on the Board, Ken Stallman served as Chairman for a number of years and has overseen two expansions at Beuaraba Living and has been heavily involved in the current building renovations and expansion of the facility.

The Beuaraba Living Board recognised Ken’s many years of service at the recent Annual General Meeting. In response Ken Stallman said, “Eleven years ago I received a phone call asking if I would be interested in taking a place on the Board. Having always been in public life, I have never had a job more satisfying than being part of this Board.”

He said, “Younger people coming through on the Board with fresh ideas will keep this place moving along and I thank the other Directors of the Board for making my time so rewarding.” Ken Stallman has been heavily involved in the Pittsworth community for over a quarter of a century particularly in the areas of Natural Resource Management and he served six years on the Pittsworth Shire Council. Ken is looking forward to a slower pace of life and intends to travel and spend more time with Ann and their family.



Thank you for your dedicated service Ken !





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Beuaraba Living AGM

The Annual General Meeting of the Pittsworth and District Hospital Friendly Society Ltd trading as Beuaraba Living was held on November 12.

In his Chairman's Report Graham Clapham said, "This past year has been another successful period for Beuaraba Living in the ongoing provision of care to those in our community who need it most."

On behalf of the Board he acknowledged and thanked the management and staff who are dedicated in their providing for the everyday needs of the residents.

He said, "A facility like this relies on those who generously provide their time and talents as volunteers; from the Board to those who regularly assist in the facility and the Beuaraba Living Auxiliary who operate the Op Shop, thank you for your efforts."

General Manager Alex Metcalf presented a comprehensive report which provided a summary of continuous quality improvement, the Montessori for Dementia philosophy which encourages wellness and reablement, human resource development, service delivery, volunteer support, financial performance, occupancy and marketing.

In summarising his report Alex Metcalf wrote, "The aged care industry continues to be in a state of change of change with ever increasing regulatory burdens, financial

stress and public awareness. While this change is necessary for safe, high quality care to continue into the future, it is no less difficult to adapt these changes while remaining efficient and effective."

"The Government must provide leadership in developing a sustainable funding model for the industry. Equally the industry must accept responsibility for past mistakes, address any shortcomings and look to develop efficiencies beyond what the government can support. Only then will we have an industry of which we can be proud of and the community can trust."

Alex Metcalf concluded his report with the following comment, "The Board and Leadership Team are fully committed to providing excellent care and services even in the face of such challenging times."

During the AGM the reappointment of Graham Clapham, Vicki Battaglia and Ben McIntyre was confirmed.

Di Cattel from The Grange thanked the Beuaraba Living Board for having the insight to continue the development of the facility so that people did not have to leave Pittsworth as they required aged care.

Ken Stallman was thanked for his years of dedicated service.



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Staff achievement awards were presented on Friday 6 December 2019

Raylee & Kathy Celebrating 30 years of service



Congratulations Raylee and Kathy on both achieving 30 years of Service. Other staff to receive awards were Rosemary 10 yrs and 6 staff, 5 yrs Rachel. Gracelyn, Raewin, Imelda, David, Cyndie. GM Alex & DOCs Janet congratulate all staff.




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Beautiful courtyard outside DOC's office.



Lodge Building updates
Outside Lodge Dining Room
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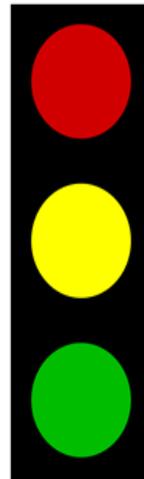
**Thank you everyone for
 your fantastic support
 this years spec-
 tacular.**



Bookings 2020 Phone: 0437 672 472

Fire Safety...

To enhance Resident and visitor safety we wish to remind everyone of the process to follow in the event of the fire alarm sounding. Signs have been placed through the facility to prompt every one of the steps to take. Should you have any questions please ask staff on duty or contact the facility on 46198 422.



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Along with the new Aged Care Quality Standards that came into effect from 1st July 2019 (seen on next page) a new **Charter of Aged Care Rights** has been released for all aged care services. Both of these new legislative documents form part of an exciting shift towards greater consumer involvement and choice within the aged care industry.

Beuaraba Living, along with all other aged care providers, must give consumers (residents) a copy of the new Charter signed by the provider, and ensure that the consumer (resident) or their authorised person has been given a reasonable opportunity to sign a copy of the Charter.

The purpose of requesting the consumer's signature is to allow them to acknowledge they have received the Charter, had assistance to understand it and understand their rights. Consumers (Residents) are not required to sign the Charter and can commence, and/or continue to receive care and services, even if they choose not to sign the Charter. All residents and/or their representatives will be contacted by Beuaraba Living over the coming months to ensure this legislative requirement is met. If you have any questions, please do not hesitate to contact us via the Administration Office.

Charter of Aged Care Rights

I have the right to:

1. safe and high quality care and services
2. be treated with dignity and respect
3. have my identity, culture and diversity valued and supported
4. live without abuse and neglect
5. be informed about my care and services in a way I understand
6. access all information about myself, including information about my rights, care and services
7. have control over, and make choices about, my care, personal and social life, including where choices involve personal risk
8. have control over, and to make decisions about, the personal aspects of my daily life, financial affairs and possessions
9. my independence
10. be listened to and understood
11. have a person of my choice, including an aged care advocate, support me or speak on my behalf
12. complain free from reprisal, and to have my complaints dealt with fairly and promptly
13. personal privacy and to have my personal information protected



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Aged Care Quality Standards

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